

## The Oneness Blessing

The Oneness Blessing, or Deeksha, is a transfer of Divine Energy which is designed over time to bring about the state of Oneness and awakening in the recipient.

The Oneness Blessing creates a shift in the brain which results in a diminishing of the feeling we have of separation. As parts of the brain are activated, we find ourselves able to truly experience reality, without being carried away by the never-ending chatter of the mind, its evaluations and interpretations.

Most of our lives are spent in fear and worry - but much of what we worry about never happens! These fears are created by the mind, and have no basis in reality. The awakened human being simply becomes the observer of the mind, and is no longer subject to its endless chatter and imaginings. That's freedom!

**Become a Oneness Blessing Giver and share this gift of freedom and divine grace with your family and friends!**

[www.sydneyoneness.com.au](http://www.sydneyoneness.com.au)

## What course participants have

### said:

“The workshop was beautiful in every way. It created a space where our consciousness could expand and evolve in a safe and authentic environment.” **Jasmine, Bondi.**

“From the moment I walked into the room I felt the energy and I had to sit down and weep a little. As we chanted I had a sense of feeling connected to the Divine like I always felt as a little child. What a wonderful experience. Today I feel like I have woken up, it's Christmas Day and I have received the BEST present ever!” **Marissa, Balmain.**

“I loved the course, the simplicity of it and the support from Gaynor, Sue and the helpers. But the real test came two days later, when Sutherland Council began night roadworks in my street. My house shook all night; and the windows rattled so much I thought they were going to shatter. In the past I would have phoned Council the next day to complain...but to my amazement, I took the whole situation in my stride! No drama queen antics, no moaning about how unfair it was. I have found this happening time and time again...things that used to upset me just don't.

“I have also found that I can now effortlessly handle very difficult people on the phone at work.

“I am constantly supported by the waves of bliss that appear so often - the happiness-for-no-reason-experiences!” **Lynley, Engadine**

## Become a Oneness Blessing Giver!

Join us in a two-day workshop with Oneness Blessing Initiation and Mukthi Deeksha for awakening!



*Workshops every month,  
in  
Chatswood or  
North Sydney*

# The Course

## Workshop dates:

24 & 25 July

21 & 22 August

18 & 19 September

16 & 17 October

20 & 21 November, 2010

9am - 5pm, on both days (Registration begins at 8:30am on Saturday morning)

Cost: \$240.00

(discounts available)

Venue: Either North Sydney or Chatswood

### Course Facilitators:

Gaynor Foster is an editor and publisher, medium and astrologer. She has been involved in the Oneness Movement since 2005, and became a Blessing Giver in 2006.

Sue Matthews is a mother, teacher and social educator. She has worked with children and their families for over 30 years, and has a special interest in the healing arts. Sue has been a Blessing Giver since 2007.

Both Gaynor and Sue were initiated as Oneness Trainers in India, in February 2010.

## What the Course offers:

- Understanding the mind, and how you can be free of it
- The formula for personal success and happiness;
- Powerful kundalini meditations and processes for chakra awakening and personal breakthroughs;
- Samskara Shuddhi – a special practice to remove deep-held patterns & tendencies;
- A deepening of your experience of Divine Grace through the releasing of deep-seated emotional charges;
- The opportunity to heal relationships with your parents, your children, your partner;
- The opportunity to remove negative patterns caused by childhood experiences;
- Mukthi Deeksha for awakening;
- Initiation as a Oneness Blessing Giver.

## How to Register

<b>Our Contact Details:</b>	EMAIL info@sydneyoneness.com.au  PHONE Gaynor Foster on 0411 21 4688 or 02 9411 6886  WRITE TO PO Box 1754, Lane Cove 2066.
<b>Payment Options:</b>	By <b>cheque</b> (payable to Gaynor Foster Communications P/L);  By <b>direct bank transfer</b> (please ask for bank details).

Cancellation policy: Payments may be transferred to a future event, or to another participant at this event. If we have to cancel for any reason, then a full refund will be provided.

